

WINNIPEG REGIONAL HEALTH AUTHORITY GUIDING PRINCIPLES ON COLLABORATIVE PERSON-CENTRED CARE AND SERVICES



GUIDING PRINCIPLES

The Winnipeg Regional Health Authority believes in and supports the role of interprofessional education and collaborative person-centred¹ practice in improving the quality of care.

Interprofessional education and collaborative person-centred practice have been linked to improved quality of care, safer care, better access to care and enhanced satisfaction with care.²

Specifically, the WRHA believes:

- The person receiving care will be respected and supported as an equal member of the health care team at all points in his/her care journey.
- Quality care results from an integrated plan of care provided through the shared contributions of the person receiving care and all the health providers within a given team.
- Effective communication, mutual respect, and trust are required for true team collaboration, and must occur both within and between teams.
- Successful implementation of interprofessional collaborative practice maximizes the opportunities for health providers to work to their full scope of practice.

- Health providers must be able to articulate their own scope of practice and identify and respect areas of shared competencies with other health providers.
- The care delivery model and subsequently the team composition and leadership must be determined by the needs of the people served.
- There will be a strong focus on assessment and evaluation of person, team, and system outcomes.
- All health leaders and managers have a responsibility to champion and shape interprofessional education and collaborative practice.
- Regional, site and program policies and processes must support and facilitate interprofessional education and collaborative practice.

The WRHA supports and encourages the adoption of these guiding principles among all organizations and people who contribute to the health of persons in the Winnipeg health region.



Winnipeg Regional
Health Authority

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Key Definitions

Health providers refers to all people engaged in actions whose primary intent is to enhance health, including those who promote and preserve health, those who diagnose and treat disease, health management and support providers, and professionals with specific areas of competence, whether regulated or non-regulated, conventional or complementary.²

Collaborative Practice in health-care occurs when multiple health providers from different professions provide comprehensive services by working with people, their families, care providers, and communities to deliver the highest quality of care across settings. Practice includes both clinical and non-clinical health-related work, such as diagnosis, treatment, surveillance, health communications, management, and support services.³

Interprofessional education occurs when individuals in two or more professions learn about, from, and with each other to enable effective collaboration that improves health outcomes. Professional is an all-encompassing term that includes individuals with the knowledge and/or skills to contribute to the physical, mental and social well-being of a community.² Within the WRHA, this definition includes both students and health providers.

Person-Centred Care occurs when the person (and his/her family if applicable) is at the centre of their own health care. The person is actively engaged as a member of the team when making health care decision.⁴

1 Person means patient/resident/client and family

2 Reeves, S., Goldman, J., Sawatzky-Girling, B., & Burton, A. (Jul 2008). Knowledge transfer & exchange in interprofessional education: Synthesizing the evidence to foster evidence-based decision making (Review No. 10296/326). Vancouver, BC: Canadian Interprofessional Health Collaborative (CIHC). Retrieved from <http://www.cihc.ca/library/handle/10296/326>

3 Health Professions Network Nursing and Midwifery Office- Department of Human Resources for Health. (2010). Framework for action on interprofessional education and collaborative practice (Framework No. WHO/HRH/HPN/10.3). Geneva, Switzerland: World Health Organization. Retrieved from http://www.who.int/hrh/resources/framework_action/en/index.html

4 Interprofessional Health Collaborative (CIHC). (Feb 2009). What is...patient centred care (Factsheet No. 10296/322). Vancouver, BC: Canadian Interprofessional Health Collaborative (CIHC). Retrieved from http://www.cihc.ca/files/resources/CIHC_Factsheets_PCC_Feb09.pdf

